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A - Food Prescription Defaults

This appendix describes the steps taken by the WIC System to determine the default food prescription for the participant. The relevant attributes from the risk factors table that are used determine the default food prescription are included in this appendix, as are the default food prescriptions and their component food items.

Determine Default Food Prescription

The system takes into account the following participant information when determining the default food prescription for the participant:

- WIC Status
- Age
- Risk Factors (system assigned and CPA-determined)

The global steps necessary to determine the default food prescription are as follows:

- Determine the age category for the participant
- Determine the principle risk factor for the participant
- Identify the default food prescription associated with the principle risk factor
- Apply default food prescription from present date through end of certification, adjusting for any milestones

Each step is described in detail below.

A.1 Determine Age Category

The system will determine the age category for the participant based on their WIC status and age, according to the following table:

AGECATEGORYID	WICSTATUS	DESCRIPTION	AGEMETHOD	MINAGE	MAXAGE
1	B	Breastfeeding 6 thru 65 years	Y	6	65
1	C	Child 1 year to 2 years	Y	1	1
2	C	Child 2 years to 3 years	Y	2	2
3	C	Child 3 years to 5 years	Y	3	4
1	I	Infant 6 months to 1 year	M	6	11
2	I	Infant 4 months thru 5 months	M	4	5
3	I	Infant 1 month thru 3 months	M	1	3
4	I	Infant 0 months to 1 month	M	0	0
1	N	Non-BF Less than 18 years	Y	6	17
2	N	Non-BF 18 years thru 65 years	Y	18	65
1	P	Pregnant 6 thru 65 years old	Y	6	65

A.2 Determine Principle Risk Factor

The following steps will be performed to determine the principle risk factor for the participant:

If risk factor 501 - Possibility of Regression is assigned to a participant, it becomes the principle risk factor. The system will then immediately proceed to identify the default food prescription.

The system will determine the Default Food Prescription (DFP) Priority and Total Milk Quantity for each risk factor assigned to the participant from the risk factor information stored in the reference dictionary table of the lookup database, using the WIC status and age category for the participant. The following tables were extracted from the lookup database and may not reflect the current values:

A.2.1 Risk Factors by WIC Status and Age Category

WIC Status: Breastfeeding

Age Category: 1

Risk Factor	Risk Factor Description	Default Food Prescription	DFP Priority	Total Milk Quantity
133	High Maternal Weight Gain	12 - DFP 3 (BF WOMEN)	2	6
201	Anemia	10 - DFP 1 (BF WOMEN)	1	6
211	Lead Poisoning (Blood lead >= 10ug/dl)	10 - DFP 1 (BF WOMEN)	1	6
303	History of Gestational Diabetes	12 - DFP 3 (BF WOMEN)	1	6
311	History of Preterm Delivery (<= 37 weeks gestation)	11 - DFP 2 (BF WOMEN)	2	7
312	History of Low Birth Weight	11 - DFP 2 (BF WOMEN)	2	7
321	History of Fetal or Neonatal Loss	12 - DFP 3 (BF WOMEN)	2	6
331	Pregnancy at a Young Age	11 - DFP 2 (BF WOMEN)	1	7
332	Closely Spaced Pregnancies	11 - DFP 2 (BF WOMEN)	1	7

Risk Factor	Risk Factor Description	Default Food Prescription	DFP Priority	Total Milk Quantity
333	High Parity and Young Age	11 - DFP 2 (BF WOMEN)	2	7
335	Multifetal Gestation	11 - DFP 2 (BF WOMEN)	1	7
337	History of a Birth of a Large for Gestational Age Infant	12 - DFP 3 (BF WOMEN)	2	6
339	Hist. of Birth w/ Nutr. Related Congenital or Birth Defect	12 - DFP 3 (BF WOMEN)	1	6
341	Nutrient Deficiency Diseases	11 - DFP 2 (BF WOMEN)	1	7
342	Gastro-Intestinal Disorders (i.e., Crohns disease)	12 - DFP 3 (BF WOMEN)	2	6
343	Diabetes Mellitus	12 - DFP 3 (BF WOMEN)	1	6
344	Hypothyroidism or Hyperthyroidism	11 - DFP 2 (BF WOMEN)	1	7
345	Hypertension (Chronic and Pregnancy Induced)	12 - DFP 3 (BF WOMEN)	1	6
346	Renal Disease	11 - DFP 2 (BF WOMEN)	1	7
347	Cancer	11 - DFP 2 (BF WOMEN)	1	7
348	Central Nervous System Disorders (i.e., Cerebral Palsy)	11 - DFP 2 (BF WOMEN)	1	7

Risk Factor	Risk Factor Description	Default Food Prescription	DFP Priority	Total Milk Quantity
349	Genetic and Congenital Disorders (i.e., Down's Syndrome)	12 - DFP 3 (BF WOMEN)	1	6
351	Inborn Errors of Metabolism (i.e., Galactosemia)	19 - DFP 5 (BF WOMAN)	1	0
352	Infectious Diseases (i.e., hepatitis, HIV, AIDS)	11 - DFP 2 (BF WOMEN)	1	7
353	Food Allergies	9999		
354	Celiac Disease	9999		
355	Lactose Intolerance	12 - DFP 3 (BF WOMEN)	2	6
356	Hypoglycemia	12 - DFP 3 (BF WOMEN)	1	6
357	Drug Nutrient Interactions	11 - DFP 2 (BF WOMEN)	2	7
358	Eating Disorders	12 - DFP 3 (BF WOMEN)	1	6
359	Recent Major Surgery, Trauma, Burns	11 - DFP 2 (BF WOMEN)	1	7
360	Other Medical Conditions (i.e., Lupus erythematosus)	12 - DFP 3 (BF WOMEN)	1	6
361	Clinical Depression	12 - DFP 3 (BF WOMEN)	1	6
362	Developmental, Sensory or Motor Delays (see detail)	12 - DFP 3 (BF WOMEN)	2	6

Risk Factor	Risk Factor Description	Default Food Prescription	DFP Priority	Total Milk Quantity
371	Maternal Smoking	12 - DFP 3 (BF WOMEN)	2	6
372	Alcohol and Illegal Drug Use	12 - DFP 3 (BF WOMEN)	2	6
381	Dental Problems (i.e., baby bottle carries)	12 - DFP 3 (BF WOMEN)	3	6
401	Failure to Meet USDA/DHHS Dietary Guidelines for Americans	12 - DFP 3 (BF WOMEN)	3	6
501	Possibility of Regression	9999		
502	Transfer of Certification (VOC)	9999		
801	Homelessness	11 - DFP 2 (BF WOMEN)	2	7
802	Migrancy	12 - DFP 3 (BF WOMEN)	2	6
901	Recipient of abuse/neglect within past 6 month	11 - DFP 2 (BF WOMEN)	2	7
902	Woman or Primary Caregiver with Limits (see detail)	12 - DFP 3 (BF WOMEN)	2	6
903	Foster Care	12 - DFP 3 (BF WOMEN)	2	6

WIC Status: Child

Age Category: 1

Risk Factor	Risk Factor Description	Default Food Prescription	DFP Priority	Total Milk Quantity
103	Underweight (infants/children)	1 - DFP 2 (CHILD)	1	6
113	Overweight (infants/children)	23 - DFP 1 (CHILD)	2	4
121	Short Stature	1 - DFP 2 (CHILD)	1	6
134	Failure to Thrive	23 - DFP 1 (CHILD)	1	4
135	Inadequate Growth	23 - DFP 1 (CHILD)	2	4
141	Low Birth Weight	1 - DFP 2 (CHILD)	1	6
151	Small For Gestational Age	1 - DFP 2 (CHILD)	1	6
201	Anemia	17 - DFP 7 (CHILD)	1	5
211	Elevated Blood Lead Levels	17 - DFP 7 (CHILD)	1	5
341	Nutrient Deficiency Diseases	1 - DFP 2 (CHILD)	1	6
342	Gastro-Intestinal Disorders (i.e., Crohns disease)	23 - DFP 1 (CHILD)	2	4
343	Diabetes Mellitus	23 - DFP 1 (CHILD)	1	4
344	Hypothyroidism or Hyperthyroidism	16 - DFP 6 (CHILD)	1	0
345	Hypertension (Chronic and Pregnancy Induced)	23 - DFP 1 (CHILD)	1	4
346	Renal Disease	16 - DFP 6 (CHILD)	1	0
347	Cancer	16 - DFP 6 (CHILD)	1	0

Risk Factor	Risk Factor Description	Default Food Prescription	DFP Priority	Total Milk Quantity
348	Central Nervous System Disorders (i.e., Cerebral Palsy)	23 - DFP 1 (CHILD)	1	4
349	Genetic and Congenital Disorders (i.e., Down's Syndrome)	23 - DFP 1 (CHILD)	1	4
351	Inborn Errors of Metabolism (i.e., Galactosemia)	16 - DFP 6 (CHILD)	1	0
352	Infectious Diseases (i.e., hepatitis, HIV, AIDS)	23 - DFP 1 (CHILD)	2	4
353	Food Allergies	9999		
354	Celiac Disease	9999		
355	Lactose Intolerance	23 - DFP 1 (CHILD)	3	4
356	Hypoglycemia	23 - DFP 1 (CHILD)	1	4
357	Drug Nutrient Interactions	23 - DFP 1 (CHILD)	2	4
359	Recent Major Surgery, Trauma, Burns	23 - DFP 1 (CHILD)	2	4
360	Other Medical Conditions (i.e., Lupus erythematosus)	23 - DFP 1 (CHILD)	1	4
361	Clinical Depression	23 - DFP 1 (CHILD)	1	4
362	Developmental, Sensory or Motor Delays (see detail)	23 - DFP 1 (CHILD)	1	4

Risk Factor	Risk Factor Description	Default Food Prescription	DFP Priority	Total Milk Quantity
381	Dental Problems (i.e., baby bottle carries)	23 - DFP 1 (CHILD)	2	4
382	Fetal Alcohol Syndrome	23 - DFP 1 (CHILD)	1	4
401	Failure to Meet USDA/DHHS Dietary Guidelines for Americans	23 - DFP 1 (CHILD)	3	4
425	Inappropriate Feeding Practices for Children	23 - DFP 1 (CHILD)	3	4
501	Possibility of Regression	9999		
502	Transfer of Certification (VOC)	9999		
801	Homelessness	23 - DFP 1 (CHILD)	2	4
802	Migrancy	23 - DFP 1 (CHILD)	2	4
901	Recipient of abuse/neglect within past 6 month	23 - DFP 1 (CHILD)	1	4
902	Participant or Primary Caregiver with Limits (see detail)	23 - DFP 1 (CHILD)	1	4
903	Foster Care	23 - DFP 1 (CHILD)	2	4

WIC Status: Child

Age Category: 2

Risk Factor	Risk Factor Description	Default Food Prescription	DFP Priority	Total Milk Quantity
103	Underweight (infants/children)	4 - DFP 3 (CHILD)	1	5
113	Overweight (infants/children)	15 - DFP 5 (CHILD)	2	6
121	Short Stature	4 - DFP 3 (CHILD)	1	5
134	Failure to Thrive	4 - DFP 3 (CHILD)	1	5
135	Inadequate Growth	6 - DFP 5 (CHILD)	2	4
141	Low Birth Weight	1 - DFP 2 (CHILD)	1	6
151	Small For Gestational Age	4 - DFP 3 (CHILD)	1	5
201	Anemia	5 - DFP 4 (CHILD)	1	4
211	Elevated Blood Lead Levels	5 - DFP 4 (CHILD)	1	4
341	Nutrient Deficiency Diseases	4 - DFP 3 (CHILD)	1	5
342	Gastro-Intestinal Disorders (i.e., Crohns disease)	4 - DFP 3 (CHILD)	2	5
343	Diabetes Mellitus	4 - DFP 3 (CHILD)	1	5
344	Hypothyroidism or Hyperthyroidism	16 - DFP 6 (CHILD)	1	0
345	Hypertension (Chronic and Pregnancy Induced)	4 - DFP 3 (CHILD)	1	5
346	Renal Disease	16 - DFP 6 (CHILD)	1	0
347	Cancer	16 - DFP 6 (CHILD)	1	0

Risk Factor	Risk Factor Description	Default Food Prescription	DFP Priority	Total Milk Quantity
348	Central Nervous System Disorders (i.e., Cerebral Palsy)	6 - DFP 5 (CHILD)	1	4
349	Genetic and Congenital Disorders (i.e., Down's Syndrome)	6 - DFP 5 (CHILD)	1	4
351	Inborn Errors of Metabolism (i.e., Galactosemia)	16 - DFP 6 (CHILD)	1	0
352	Infectious Diseases (i.e., hepatitis, HIV, AIDS)	6 - DFP 5 (CHILD)	2	4
353	Food Allergies	9999		
354	Celiac Disease	9999		
355	Lactose Intolerance	4 - DFP 3 (CHILD)	3	5
356	Hypoglycemia	6 - DFP 5 (CHILD)	1	4
357	Drug Nutrient Interactions	6 - DFP 5 (CHILD)	2	4
359	Recent Major Surgery, Trauma, Burns	4 - DFP 3 (CHILD)	2	5
360	Other Medical Conditions (i.e., Lupus erythematosus)	4 - DFP 3 (CHILD)	1	5
361	Clinical Depression	6 - DFP 5 (CHILD)	1	4
362	Developmental, Sensory or Motor Delays (see detail)	6 - DFP 5 (CHILD)	1	4

Risk Factor	Risk Factor Description	Default Food Prescription	DFP Priority	Total Milk Quantity
381	Dental Problems (i.e., baby bottle carries)	6 - DFP 5 (CHILD)	2	4
382	Fetal Alcohol Syndrome	6 - DFP 5 (CHILD)	1	4
401	Failure to Meet USDA/DHHS Dietary Guidelines for Americans	6 - DFP 5 (CHILD)	3	4
425	Inappropriate Feeding Practices for Children	6 - DFP 5 (CHILD)	3	4
501	Possibility of Regression	9999		
502	Transfer of Certification (VOC)	9999		
801	Homelessness	4 - DFP 3 (CHILD)	2	5
802	Migrancy	6 - DFP 5 (CHILD)	2	4
901	Recipient of abuse/neglect within past 6 month	6 - DFP 5 (CHILD)	1	4
902	Participant or Primary Caregiver with Limits (see detail)	6 - DFP 5 (CHILD)	1	4
903	Foster Care	6 - DFP 5 (CHILD)	2	4

WIC Status: Infant

Age Category: 1

Risk Factor	Risk Factor Description	Default Food Prescription	DFP Priority	Total Milk Quantity
103	Underweight (infants/children)	14 - DFP 1 (INFANT 1 & 2 - FORMULA)	1	0
113	Overweight (infants/children)	14 - DFP 1 (INFANT 1 & 2 - FORMULA)	2	0
121	Short Stature	14 - DFP 1 (INFANT 1 & 2 - FORMULA)	1	0
134	Failure to Thrive	14 - DFP 1 (INFANT 1 & 2 - FORMULA)	1	0
135	Inadequate Growth	14 - DFP 1 (INFANT 1 & 2 - FORMULA)	2	0
141	Low Birth Weight	14 - DFP 1 (INFANT 1 & 2 - FORMULA)	1	0
142	Prematurity	14 - DFP 1 (INFANT 1 & 2 - FORMULA)	1	0
151	Small for Gestational Age	14 - DFP 1 (INFANT 1 & 2 - FORMULA)	1	0
152	Low Head Circumference	14 - DFP 1 (INFANT 1 & 2 - FORMULA)	1	0
153	Large for Gestational Age	14 - DFP 1 (INFANT 1 & 2 - FORMULA)	2	0

Risk Factor	Risk Factor Description	Default Food Prescription	DFP Priority	Total Milk Quantity
201	Anemia	14 - DFP 1 (INFANT 1 & 2 - FORMULA)	1	0
211	Elevated Blood Lead Levels	14 - DFP 1 (INFANT 1 & 2 - FORMULA)	1	0
341	Nutrient Deficiency Diseases	14 - DFP 1 (INFANT 1 & 2 - FORMULA)	1	0
342	Gastro-Intestinal Disorders (i.e., Crohns disease)	14 - DFP 1 (INFANT 1 & 2 - FORMULA)	2	0
343	Diabetes Mellitus	14 - DFP 1 (INFANT 1 & 2 - FORMULA)	1	0
344	Hypothyroidism or Hyperthyroidism	14 - DFP 1 (INFANT 1 & 2 - FORMULA)	1	0
345	Hypertension (Chronic and Pregnancy Induced)	14 - DFP 1 (INFANT 1 & 2 - FORMULA)	1	0
346	Renal Disease	14 - DFP 1 (INFANT 1 & 2 - FORMULA)	1	0
347	Cancer	14 - DFP 1 (INFANT 1 & 2 - FORMULA)	1	0
348	Central Nervous System Disorders (i.e., Cerebral Palsy)	14 - DFP 1 (INFANT 1 & 2 - FORMULA)	1	0
349	Genetic and Congenital Disorders (i.e., Down's Syndrome)	14 - DFP 1 (INFANT 1 & 2 - FORMULA)	1	0

Risk Factor	Risk Factor Description	Default Food Prescription	DFP Priority	Total Milk Quantity
350	Pyloric Stenosis	14 - DFP 1 (INFANT 1 & 2 - FORMULA)	1	0
351	Inborn Errors of Metabolism (i.e., Galactosemia)	14 - DFP 1 (INFANT 1 & 2 - FORMULA)	1	0
352	Infectious Diseases (i.e., hepatitis, HIV, AIDS)	14 - DFP 1 (INFANT 1 & 2 - FORMULA)	2	0
353	Food Allergies	14 - DFP 1 (INFANT 1 & 2 - FORMULA)	3	0
354	Celiac Disease	14 - DFP 1 (INFANT 1 & 2 - FORMULA)	1	0
355	Lactose Intolerance	14 - DFP 1 (INFANT 1 & 2 - FORMULA)	3	0
356	Hypoglycemia	14 - DFP 1 (INFANT 1 & 2 - FORMULA)	1	0
357	Drug Nutrient Interactions	14 - DFP 1 (INFANT 1 & 2 - FORMULA)	2	0
359	Recent Major Surgery, Trauma, Burns	14 - DFP 1 (INFANT 1 & 2 - FORMULA)	2	0
360	Other Medical Conditions (i.e., Lupus erythematosus)	14 - DFP 1 (INFANT 1 & 2 - FORMULA)	1	0
362	Developmental, Sensory or Motor Delays (see detail)	14 - DFP 1 (INFANT 1 & 2 - FORMULA)	1	0

Risk Factor	Risk Factor Description	Default Food Prescription	DFP Priority	Total Milk Quantity
381	Dental Problems (i.e., baby bottle carries)	14 - DFP 1 (INFANT 1 & 2 - FORMULA)	2	0
382	Fetal Alcohol Syndrome	14 - DFP 1 (INFANT 1 & 2 - FORMULA)	1	0
411	Inappropriate Infant Feeding (see detail)	14 - DFP 1 (INFANT 1 & 2 - FORMULA)	3	0
501	Possibility of Regression	9999		
502	Transfer of Certification (VOC)	14 - DFP 1 (INFANT 1 & 2 - FORMULA)	2	0
603	Breastfeeding Complications (for Infants)	14 - DFP 1 (INFANT 1 & 2 - FORMULA)	1	0
701	Infant <= 6 Mo. Whose Mom was on WIC or Eligible During Preg	14 - DFP 1 (INFANT 1 & 2 - FORMULA)	3	0
702	Breastfeeding Infant of Woman at Nutritional Risk	14 - DFP 1 (INFANT 1 & 2 - FORMULA)	3	0
703	Infant of Woman w/ Mental Retard. or Drug Abuse (see detail)	14 - DFP 1 (INFANT 1 & 2 - FORMULA)	1	0
801	Homelessness	14 - DFP 1 (INFANT 1 & 2 - FORMULA)	2	0
802	Migrancy	14 - DFP 1 (INFANT 1 & 2 - FORMULA)	2	0

Risk Factor	Risk Factor Description	Default Food Prescription	DFP Priority	Total Milk Quantity
901	Recipient of abuse/neglect within past 6 month	14 - DFP 1 (INFANT 1 & 2 - FORMULA)	1	0
902	Participant or Primary Caregiver with Limits (see detail)	14 - DFP 1 (INFANT 1 & 2 - FORMULA)	1	0
903	Foster Care	14 - DFP 1 (INFANT 1 & 2 - FORMULA)	2	0

WIC Status: Infant

Age Category: 2

Risk Factor	Risk Factor Description	Default Food Prescription	DFP Priority	Total Milk Quantity
103	Underweight (infants/children)	14 - DFP 1 (INFANT 1 & 2 - FORMULA)	1	0
113	Overweight (infants/children)	14 - DFP 1 (INFANT 1 & 2 - FORMULA)	2	0
121	Short Stature	14 - DFP 1 (INFANT 1 & 2 - FORMULA)	1	0
134	Failure to Thrive	14 - DFP 1 (INFANT 1 & 2 - FORMULA)	1	0
135	Inadequate Growth	14 - DFP 1 (INFANT 1 & 2 - FORMULA)	2	0
141	Low Birth Weight	14 - DFP 1 (INFANT 1 & 2 - FORMULA)	1	0
142	Prematurity	14 - DFP 1 (INFANT 1 & 2 - FORMULA)	1	0
151	Small for Gestational Age	14 - DFP 1 (INFANT 1 & 2 - FORMULA)	1	0
152	Low Head Circumference	14 - DFP 1 (INFANT 1 & 2 - FORMULA)	1	0
153	Large for Gestational Age	14 - DFP 1 (INFANT 1 & 2 - FORMULA)	2	0

Risk Factor	Risk Factor Description	Default Food Prescription	DFP Priority	Total Milk Quantity
201	Anemia	14 - DFP 1 (INFANT 1 & 2 - FORMULA)	1	0
211	Elevated Blood Lead Levels	14 - DFP 1 (INFANT 1 & 2 - FORMULA)	1	0
341	Nutrient Deficiency Diseases	14 - DFP 1 (INFANT 1 & 2 - FORMULA)	1	0
342	Gastro-Intestinal Disorders (i.e., Crohns disease)	14 - DFP 1 (INFANT 1 & 2 - FORMULA)	2	0
343	Diabetes Mellitus	14 - DFP 1 (INFANT 1 & 2 - FORMULA)	1	0
344	Hypothyroidism or Hyperthyroidism	14 - DFP 1 (INFANT 1 & 2 - FORMULA)	1	0
345	Hypertension (Chronic and Pregnancy Induced)	14 - DFP 1 (INFANT 1 & 2 - FORMULA)	1	0
346	Renal Disease	14 - DFP 1 (INFANT 1 & 2 - FORMULA)	1	0
347	Cancer	14 - DFP 1 (INFANT 1 & 2 - FORMULA)	1	0
348	Central Nervous System Disorders (i.e., Cerebral Palsy)	14 - DFP 1 (INFANT 1 & 2 - FORMULA)	1	0
349	Genetic and Congenital Disorders (i.e., Down's Syndrome)	14 - DFP 1 (INFANT 1 & 2 - FORMULA)	1	0

Risk Factor	Risk Factor Description	Default Food Prescription	DFP Priority	Total Milk Quantity
350	Pyloric Stenosis	14 - DFP 1 (INFANT 1 & 2 - FORMULA)	1	0
351	Inborn Errors of Metabolism (i.e., Galactosemia)	14 - DFP 1 (INFANT 1 & 2 - FORMULA)	1	0
352	Infectious Diseases (i.e., hepatitis, HIV, AIDS)	14 - DFP 1 (INFANT 1 & 2 - FORMULA)	2	0
353	Food Allergies	14 - DFP 1 (INFANT 1 & 2 - FORMULA)	3	0
354	Celiac Disease	14 - DFP 1 (INFANT 1 & 2 - FORMULA)	1	0
355	Lactose Intolerance	14 - DFP 1 (INFANT 1 & 2 - FORMULA)	3	0
356	Hypoglycemia	14 - DFP 1 (INFANT 1 & 2 - FORMULA)	1	0
357	Drug Nutrient Interactions	14 - DFP 1 (INFANT 1 & 2 - FORMULA)	2	0
359	Recent Major Surgery, Trauma, Burns	14 - DFP 1 (INFANT 1 & 2 - FORMULA)	2	0
360	Other Medical Conditions (i.e., Lupus erythematosus)	14 - DFP 1 (INFANT 1 & 2 - FORMULA)	1	0
362	Developmental, Sensory or Motor Delays (see detail)	14 - DFP 1 (INFANT 1 & 2 - FORMULA)	1	0

Risk Factor	Risk Factor Description	Default Food Prescription	DFP Priority	Total Milk Quantity
381	Dental Problems (i.e., baby bottle carries)	14 - DFP 1 (INFANT 1 & 2 - FORMULA)	2	0
382	Fetal Alcohol Syndrome	14 - DFP 1 (INFANT 1 & 2 - FORMULA)	1	0
411	Inappropriate Infant Feeding (see detail)	14 - DFP 1 (INFANT 1 & 2 - FORMULA)	3	0
501	Possibility of Regression	9999		
502	Transfer of Certification (VOC)	14 - DFP 1 (INFANT 1 & 2 - FORMULA)	2	0
603	Breastfeeding Complications (for Infants)	14 - DFP 1 (INFANT 1 & 2 - FORMULA)	1	0
701	Infant <= 6 Mo. Whose Mom was on WIC or Eligible During Preg	14 - DFP 1 (INFANT 1 & 2 - FORMULA)	3	0
702	Breastfeeding Infant of Woman at Nutritional Risk	14 - DFP 1 (INFANT 1 & 2 - FORMULA)	3	0
703	Infant of Woman w/ Mental Retard. or Drug Abuse (see detail)	14 - DFP 1 (INFANT 1 & 2 - FORMULA)	1	0
801	Homelessness	14 - DFP 1 (INFANT 1 & 2 - FORMULA)	2	0
802	Migrancy	14 - DFP 1 (INFANT 1 & 2 - FORMULA)	2	0

Risk Factor	Risk Factor Description	Default Food Prescription	DFP Priority	Total Milk Quantity
901	Recipient of abuse/neglect within past 6 month	14 - DFP 1 (INFANT 1 & 2 - FORMULA)	1	0
902	Participant or Primary Caregiver with Limits (see detail)	14 - DFP 1 (INFANT 1 & 2 - FORMULA)	1	0
903	Foster Care	14 - DFP 1 (INFANT 1 & 2 - FORMULA)	2	0

WIC Status: Non-breastfeeding

Age Category: 1

Risk Factor	Risk Factor Description	Default Food Prescription	DFP Priority	Total Milk Quantity
133	High Maternal Weight Gain	3 - DFP 2 (NON-BF WOMEN)	2	4
201	Anemia	3 - DFP 2 (NON-BF WOMEN)	1	4
211	Lead Poisoning (Blood lead >= 10ug/dl)	3 - DFP 2 (NON-BF WOMEN)	1	4
303	History of Gestational Diabetes	3 - DFP 2 (NON-BF WOMEN)	1	4
311	History of Preterm Delivery (<= 37 weeks gestation)	3 - DFP 2 (NON-BF WOMEN)	2	4
312	History of Low Birth Weight	3 - DFP 2 (NON-BF WOMEN)	2	4
321	History of Fetal or Neonatal Loss	3 - DFP 2 (NON-BF WOMEN)	2	4
331	Pregnancy at a Young Age	2 - DFP 1 (NON-BF WOMEN)	1	5
332	Closely Spaced Pregnancies	2 - DFP 1 (NON-BF WOMEN)	1	5
333	High Parity and Young Age	3 - DFP 2 (NON-BF WOMEN)	2	4
335	Multifetal Gestation	2 - DFP 1 (NON-BF WOMEN)	1	5
337	History of a Birth of a Large for Gestational Age Infant	3 - DFP 2 (NON-BF WOMEN)	2	4

Risk Factor	Risk Factor Description	Default Food Prescription	DFP Priority	Total Milk Quantity
339	Hist. of Birth w/ Nutr. Related Congenital or Birth Defect	3 - DFP 2 (NON-BF WOMEN)	1	4
341	Nutrient Deficiency Diseases	2 - DFP 1 (NON-BF WOMEN)	1	5
342	Gastro-Intestinal Disorders (i.e., Crohns disease)	3 - DFP 2 (NON-BF WOMEN)	2	4
343	Diabetes Mellitus	3 - DFP 2 (NON-BF WOMEN)	1	4
344	Hypothyroidism or Hyperthyroidism	2 - DFP 1 (NON-BF WOMEN)	1	5
345	Hypertension (Chronic and Pregnancy Induced)	3 - DFP 2 (NON-BF WOMEN)	1	4
346	Renal Disease	2 - DFP 1 (NON-BF WOMEN)	1	5
347	Cancer	3 - DFP 2 (NON-BF WOMEN)	1	4
348	Central Nervous System Disorders (i.e., Cerebral Palsy)	2 - DFP 1 (NON-BF WOMEN)	1	5
349	Genetic and Congenital Disorders (i.e., Down's Syndrome)	3 - DFP 2 (NON-BF WOMEN)	1	4
351	Inborn Errors of Metabolism (i.e., Galactosemia)	20 - DFP 3 (NON- BF WOMAN)	1	0
352	Infectious Diseases (i.e., hepatitis, HIV, AIDS)	2 - DFP 1 (NON-BF WOMEN)	1	5

Risk Factor	Risk Factor Description	Default Food Prescription	DFP Priority	Total Milk Quantity
353	Food Allergies	9999		
354	Celiac Disease	9999		
355	Lactose Intolerance	3 - DFP 2 (NON-BF WOMEN)	2	4
356	Hypoglycemia	3 - DFP 2 (NON-BF WOMEN)	1	4
357	Drug Nutrient Interactions	2 - DFP 1 (NON-BF WOMEN)	2	5
358	Eating Disorders	3 - DFP 2 (NON-BF WOMEN)	1	4
359	Recent Major Surgery, Trauma, Burns	2 - DFP 1 (NON-BF WOMEN)	1	5
360	Other Medical Conditions (i.e., Lupus erythematosus)	3 - DFP 2 (NON-BF WOMEN)	1	4
361	Clinical Depression	3 - DFP 2 (NON-BF WOMEN)	1	4
362	Developmental, Sensory or Motor Delays (see detail)	3 - DFP 2 (NON-BF WOMEN)	2	4
372	Alcohol and Illegal Drug Use	3 - DFP 2 (NON-BF WOMEN)	2	4
381	Dental Problems (i.e., baby bottle carries)	3 - DFP 2 (NON-BF WOMEN)	3	4
401	Failure to Meet USDA/DHHS Dietary Guidelines for Americans	3 - DFP 2 (NON-BF WOMEN)	3	4

Risk Factor	Risk Factor Description	Default Food Prescription	DFP Priority	Total Milk Quantity
501	Possibility of Regression	9999		
502	Transfer of Certification (VOC)	9999		
801	Homelessness	2 - DFP 1 (NON-BF WOMEN)	2	5
802	Migrancy	3 - DFP 2 (NON-BF WOMEN)	2	4
901	Recipient of abuse/neglect within past 6 month	2 - DFP 1 (NON-BF WOMEN)	2	5
902	Woman or Primary Caregiver with Limits (see detail)	3 - DFP 2 (NON-BF WOMEN)	2	4
903	Foster Care	3 - DFP 2 (NON-BF WOMEN)	2	4

WIC Status: Pregnant

Age Category: 1

Risk Factor	Risk Factor Description	Default Food Prescription	DFP Priority	Total Milk Quantity
101	Prepregnancy Underweight	8 - DFP 2 (PREGNANT WOMEN)	1	7
111	Prepregnancy Overweight	9 - DFP 3 (PREGNANT WOMEN)	2	5
131	Low Maternal Weight Gain	8 - DFP 2 (PREGNANT WOMEN)	1	7
132	Maternal Weight Loss During Pregnancy	8 - DFP 2 (PREGNANT WOMEN)	2	7
133	High Maternal Weight Gain	9 - DFP 3 (PREGNANT WOMEN)	2	5
201	Anemia	7 - DFP 1 (PREGNANT WOMEN)	1	6
211	Lead Poisoning (Blood lead >= 10ug/dl)	7 - DFP 1 (PREGNANT WOMEN)	1	6
301	Hyperemesis (severe nausea/vomiting)	9 - DFP 3 (PREGNANT WOMEN)	1	5
302	Gestational Diabetes	9 - DFP 3 (PREGNANT WOMEN)	1	5
303	History of Gestational Diabetes	9 - DFP 3 (PREGNANT WOMEN)	1	5

Risk Factor	Risk Factor Description	Default Food Prescription	DFP Priority	Total Milk Quantity
311	History of Preterm Delivery (≤ 37 weeks gestation)	8 - DFP 2 (PREGNANT WOMEN)	2	7
312	History of Low Birth Weight	8 - DFP 2 (PREGNANT WOMEN)	2	7
321	History of Fetal or Neonatal Loss	9 - DFP 3 (PREGNANT WOMEN)	2	5
331	Pregnancy at a Young Age	8 - DFP 2 (PREGNANT WOMEN)	1	7
332	Closely Spaced Pregnancies	8 - DFP 2 (PREGNANT WOMEN)	1	7
333	High Parity and Young Age	8 - DFP 2 (PREGNANT WOMEN)	2	7
334	Lack of or Inadequate Prenatal Care	8 - DFP 2 (PREGNANT WOMEN)	2	7
335	Multifetal Gestation	8 - DFP 2 (PREGNANT WOMEN)	1	7
336	Fetal Growth Restriction	8 - DFP 2 (PREGNANT WOMEN)	1	7
337	History of a Birth of a Large for Gestational Age Infant	9 - DFP 3 (PREGNANT WOMEN)	2	5
338	Pregnant Woman Currently Breastfeeding	8 - DFP 2 (PREGNANT WOMEN)	2	7

Risk Factor	Risk Factor Description	Default Food Prescription	DFP Priority	Total Milk Quantity
339	Hist. of Birth w/ Nutr. Related Congenital or Birth Defect	9 - DFP 3 (PREGNANT WOMEN)	1	5
341	Nutrient Deficiency Diseases	8 - DFP 2 (PREGNANT WOMEN)	1	7
342	Gastro-Intestinal Disorders (i.e., Crohns disease)	9 - DFP 3 (PREGNANT WOMEN)	2	5
343	Diabetes Mellitus	9 - DFP 3 (PREGNANT WOMEN)	1	5
344	Hypothyroidism or Hyperthyroidism	8 - DFP 2 (PREGNANT WOMEN)	1	7
345	Hypertension (Chronic and Pregnancy Induced)	9 - DFP 3 (PREGNANT WOMEN)	1	5
346	Renal Disease	8 - DFP 2 (PREGNANT WOMEN)	1	7
347	Cancer	8 - DFP 2 (PREGNANT WOMEN)	1	7
348	Central Nervous System Disorders (i.e., Cerebral Palsy)	8 - DFP 2 (PREGNANT WOMEN)	1	7
349	Genetic and Congenital Disorders (i.e., Down's Syndrome)	9 - DFP 3 (PREGNANT WOMEN)	1	5

Risk Factor	Risk Factor Description	Default Food Prescription	DFP Priority	Total Milk Quantity
351	Inborn Errors of Metabolism (i.e., Galactosemia)	18 - DFP 4 (PREGNANT WOMAN)	1	0
352	Infectious Diseases (i.e., hepatitis, HIV, AIDS)	8 - DFP 2 (PREGNANT WOMEN)	1	7
353	Food Allergies	9999		
354	Celiac Disease	9999		
355	Lactose Intolerance	9 - DFP 3 (PREGNANT WOMEN)	2	5
356	Hypoglycemia	7 - DFP 1 (PREGNANT WOMEN)	1	6
357	Drug Nutrient Interactions	8 - DFP 2 (PREGNANT WOMEN)	2	7
358	Eating Disorders	9 - DFP 3 (PREGNANT WOMEN)	1	5
359	Recent Major Surgery, Trauma, Burns	8 - DFP 2 (PREGNANT WOMEN)	1	7
360	Other Medical Conditions (i.e., Lupus erythematosus)	9 - DFP 3 (PREGNANT WOMEN)	1	5
361	Clinical Depression	8 - DFP 2 (PREGNANT WOMEN)	1	7
362	Developmental, Sensory or Motor Delays (see detail)	9 - DFP 3 (PREGNANT WOMEN)	2	5

Risk Factor	Risk Factor Description	Default Food Prescription	DFP Priority	Total Milk Quantity
371	Maternal Smoking	9 - DFP 3 (PREGNANT WOMEN)	2	5
372	Alcohol and Illegal Drug Use	9 - DFP 3 (PREGNANT WOMEN)	2	5
381	Dental Problems (i.e., baby bottle carries)	9 - DFP 3 (PREGNANT WOMEN)	3	5
401	Failure to Meet USDA/DHHS Dietary Guidelines for Americans	9 - DFP 3 (PREGNANT WOMEN)	3	5
502	Transfer of Certification (VOC)	9999		
801	Homelessness	8 - DFP 2 (PREGNANT WOMEN)	2	7
802	Migrancy	9 - DFP 3 (PREGNANT WOMEN)	2	5
901	Recipient of abuse/neglect within past 6 month	8 - DFP 2 (PREGNANT WOMEN)	2	7
902	Woman or Primary Caregiver with Limits (see detail)	9 - DFP 3 (PREGNANT WOMEN)	2	5
903	Foster Care	9 - DFP 3 (PREGNANT WOMEN)	2	5

Once the DFP Priority and Total Milk Quantity is determined for each risk factor assigned to the participant, the system will attempt to identify the risk factor with the highest DFP Priority. If more than one risk factor has the highest priority, the system will attempt to identify the risk factor with the highest priority and the largest Total Milk Quantity. The resulting risk factor is the principle risk factor.

A.3 Identify Default Food Prescription

If risk factor 501 - Possibility of Regression is the principle risk factor for a participant, the system will attempt to identify the last system-suggested food prescription from the previous certification. If the food prescription exists, it is used as the default food prescription. If no such food prescription exists, the system will invoke an error message with the text “No food prescription was defaulted for regression risk factor. You must create a food prescription for this client.”

The system will attempt to identify the default food prescription for the principle risk factor assigned to the participant. If a default food prescription cannot be determined for the principle risk factor, the system will invoke an error message with the text “The system cannot determine a default food prescription. You must create a food prescription for this client.”

When the default food prescription is determined for the principle risk factor, the system will determine the default food prescription information from the reference dictionary table of the lookup database. The following tables were extracted from the lookup database and may not reflect the current values:

A.3.1 Default Food Prescriptions and Food Items

Default Food Prescription: 1 - DFP 2 (CHILD)

Food Item Description	Quantity
TOTAL QUARTS MILK PRODUCT	24.00
CONTAINERS JUICE	5.00
OUNCES OR LESS WIC APPROVED CEREAL	36.00
DOZEN MEDIUM WHITE EGGS	2.00
UNIT(S) BEANS ALTERNATE WITH PEANUT BUTTER	1.00

Default Food Prescription: 2 - DFP 1 (NON-BF WOMEN)

Food Item Description	Quantity
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Food Item Description	Quantity
TOTAL QUARTS MILK PRODUCT	20.00
CONTAINERS JUICE	4.00
OUNCES OR LESS WIC APPROVED CEREAL	36.00
DOZEN MEDIUM WHITE EGGS	2.00

Default Food Prescription: 3 - DFP 2 (NON-BF WOMEN)

Food Item Description	Quantity
TOTAL QUARTS MILK PRODUCT	16.00
CONTAINERS JUICE	4.00
OUNCES OR LESS WIC APPROVED CEREAL	36.00
DOZEN MEDIUM WHITE EGGS	2.00

Default Food Prescription: 4 - DFP 3 (CHILD)

Food Item Description	Quantity
TOTAL QUARTS MILK PRODUCT	20.00
CONTAINERS JUICE	5.00
DOZEN MEDIUM WHITE EGGS	2.00
UNIT(S) BEANS ALTERNATE WITH PEANUT BUTTER	1.00
OUNCES OR LESS WIC APPROVED CEREAL	36.00

Default Food Prescription: 5 - DFP 4 (CHILD)

Food Item Description	Quantity
TOTAL QUARTS MILK PRODUCT	16.00
CONTAINERS JUICE	5.00
OUNCES OR LESS WIC APPROVED CEREAL	36.00

Food Item Description	Quantity
DOZEN MEDIUM WHITE EGGS	2.00
LB(S) BAG DRY BEANS/PEAS	1.00

Default Food Prescription: 6 - DFP 5 (CHILD)

Food Item Description	Quantity
TOTAL QUARTS MILK PRODUCT	16.00
CONTAINERS JUICE	5.00
OUNCES OR LESS WIC APPROVED CEREAL	36.00
DOZEN MEDIUM WHITE EGGS	2.00
UNIT(S) BEANS ALTERNATE WITH PEANUT BUTTER	1.00

Default Food Prescription: 7 - DFP 1 (PREGNANT WOMEN)

Food Item Description	Quantity
TOTAL QUARTS MILK PRODUCT	24.00
CONTAINERS JUICE	6.00
OUNCES OR LESS WIC APPROVED CEREAL	36.00
LB(S) BAG DRY BEANS/PEAS	1.00
DOZEN MEDIUM WHITE EGGS	2.00

Default Food Prescription: 8 - DFP 2 (PREGNANT WOMEN)

Food Item Description	Quantity
TOTAL QUARTS MILK PRODUCT	28.00
CONTAINERS JUICE	6.00
OUNCES OR LESS WIC APPROVED CEREAL	36.00
DOZEN MEDIUM WHITE EGGS	2.00
UNIT(S) BEANS ALTERNATE WITH PEANUT BUTTER	1.00

Default Food Prescription: 9 - DFP 3 (PREGNANT WOMEN)

Food Item Description	Quantity
TOTAL QUARTS MILK PRODUCT	20.00
CONTAINERS JUICE	5.00
OUNCES OR LESS WIC APPROVED CEREAL	36.00
DOZEN MEDIUM WHITE EGGS	2.00
LB(S) BAG DRY BEANS/PEAS	1.00

Default Food Prescription: 10 - DFP 1 (BF WOMEN)

Food Item Description	Quantity
TOTAL QUARTS MILK PRODUCT	24.00
CONTAINERS JUICE	6.00
OUNCES OR LESS WIC APPROVED CEREAL	36.00
DOZEN MEDIUM WHITE EGGS	2.00
LB(S) BAG DRY BEANS/PEAS	1.00

Default Food Prescription: 11 - DFP 2 (BF WOMEN)

Food Item Description	Quantity
TOTAL QUARTS MILK PRODUCT	28.00
CONTAINERS JUICE	6.00
OUNCES OR LESS WIC APPROVED CEREAL	36.00
DOZEN MEDIUM WHITE EGGS	2.00
UNIT(S) BEANS ALTERNATE WITH PEANUT BUTTER	1.00

Default Food Prescription: 12 - DFP 3 (BF WOMEN)

Food Item Description	Quantity
TOTAL QUARTS MILK PRODUCT	24.00

Food Item Description	Quantity
CONTAINERS JUICE	6.00
OUNCES OR LESS WIC APPROVED CEREAL	36.00
DOZEN MEDIUM WHITE EGGS	2.00
UNIT(S) BEANS ALTERNATE WITH PEANUT BUTTER	1.00

Default Food Prescription: 13 - DFP 4 (BF WOMEN)

Food Item Description	Quantity
TOTAL QUARTS MILK PRODUCT	24.00
CONTAINERS JUICE	6.00
OUNCES OR LESS WIC APPROVED CEREAL	36.00
DOZEN MEDIUM WHITE EGGS	2.00
LB(S) BAG DRY BEANS/PEAS	1.00

Default Food Prescription: 14 - DFP 1 (INFANT 1 & 2 - FORMULA)

Food Item Description	Quantity
806 OUNCE FORMULA (FORMULA DIALOG)	1.00

Default Food Prescription: 15 - DFP 5 (CHILD)

Food Item Description	Quantity
TOTAL QUARTS MILK PRODUCT	24.00
CONTAINERS JUICE	5.00
OUNCES OR LESS WIC APPROVED CEREAL	36.00
DOZEN MEDIUM WHITE EGGS	2.00
LB(S) BAG DRY BEANS/PEAS	1.00

Default Food Prescription: 16 - DFP 6 (CHILD)

Food Item Description	Quantity
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Food Item Description	Quantity
910 OUNCES FORMULA (FORMULA DIALOG)	1.00

Default Food Prescription: 17 - DFP 7 (CHILD)

Food Item Description	Quantity
TOTAL QUARTS MILK PRODUCT	20.00
CONTAINERS JUICE	5.00
DOZEN MEDIUM WHITE EGGS	2.00
OUNCES OR LESS WIC APPROVED CEREAL	36.00
LB(S) BAG DRY BEANS/PEAS	1.00

Default Food Prescription: 18 - DFP 4 (PREGNANT WOMAN)

Food Item Description	Quantity
910 OUNCES FORMULA (FORMULA DIALOG)	1.00

Default Food Prescription: 19 - DFP 5 (BF WOMAN)

Food Item Description	Quantity
910 OUNCES FORMULA (FORMULA DIALOG)	1.00

Default Food Prescription: 20 - DFP 3 (NON-BF WOMAN)

Food Item Description	Quantity
910 OUNCES FORMULA (FORMULA DIALOG)	1.00

Default Food Prescription: 22 - DFP 3 (INFANT ADD CEREAL)

Food Item Description	Quantity
OUNCES INFANT CEREAL	16.00

Default Food Prescription: 23 - DFP 1 (CHILD)

Food Item Description	Quantity
TOTAL QUARTS MILK PRODUCT	16.00
CONTAINERS JUICE	4.00
DOZEN MEDIUM WHITE EGGS	2.00
OUNCES OR LESS WIC APPROVED CEREAL	36.00
UNIT(S) BEANS ALTERNATE WITH PEANUT BUTTER	1.00

A.4 Apply Default Food Package

The system will apply the appropriate default food package to build a basic food prescription for a participant when:

- The user clicks the Use Default button on the Food Prescription dialog in either the Certification Guided Script or in the Participant Folder for any participant.
 - To assign the proper food package, the system looks at all the risk factors currently assigned to the participant. It takes the default food package ID with the highest DFP priority (lowest DFP priority number) from that group and builds the default food prescription. If the DFP priorities for all the assigned risk factors are the same, the system will use the default food package ID from the first risk factor returned from the group. Most of the time, the default package IDs will be the same for all of the assigned risk factors.
 - More default food packages have been set up since the implementation of the new food package rule. They are more specific to WIC category, age category, and breastfeeding amount. More risk factor entries were added to the risk factor reference table so that they are also based on WIC category, age category, and breastfeeding amount. The combination of these new default food package and risk factor reference entries allows the system to assign default food packages automatically.
- The user certifies an infant of any age.
 - The system automatically creates future food prescriptions with effective dates equal to the dates the infant moves to the next age category. It uses the default food packages for those age categories as determined by the state.
 - The system also automatically creates a child food prescription with an effective date equal to the child's first birthday. It uses the default food package for the one-year-old child as determined by the state.

